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My name is Lacey Eckstine and I am a 32 year old nursing assistant at Natividad Medical Center in Salinas, California. Like so many other places nationally and globally, our COVID-19 case load has been steadily rising all spring and summer. As of now, early December, we are experiencing a large spike in positive cases and hospitalizations. COVID-19 is everywhere.

As a nursing assistant, I am often the hospital's first contact with COVID-19 infected patients. Among the many different responsibilities that I have, I work the COVID tents (in a full bio hazmat suit) that we have set up in the parking lot to administer COVID-19 testing and I work in the emergency room checking COVID-19 sick people in. I also have duties and responsibilities in COVID-19 patients rooms. As in all work and hospital situations, no matter how careful and diligent someone is, the unexpected will happen and you will be directly exposed to actively COVID-19 sick/infected people.

This has happened to me several times during the last 9 months.

For me, this disease is very scary. I have a very bad case of advanced Rheumatoid Arthritis which means that my immune system is severely compromised. I also have Osteoarthritis, Degenerate Disc Disease, and Spinal Stenosis. I have had a Lamnectomy Discectomy at L4 - L5.

I need all of the help that I can get to protect myself and my family at home. I have been using the EcoProven Anti-Viral Mouthwash for the last 9 months as additional protect against COVID-19 infection as does my family. I spray the mouthwash solution on my 3 year old son's toothbrush and my 6 year old daughter's toothbrush. I also spray the EcoProven Mouthwash into my daughter's mouth when she is finished brushing her teeth. My husband also uses the mouthwash anytime that he is in a situation where he has possible exposure to the virus.

Although this is not a medical or scientific statement, based on my personal observation and potential exposure to the virus, I believe that the EcoProven Anti-Viral Mouthwash has helped protect me and my family from this potentially deadly virus.

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